

Athletes must declare their intention to compete at least 60mins before the scheduled start of their event.				
Track				
Event No	Time	Event	Age Group	Round
1	10:00	100m Hurdles	U17 Men	Final
2	10:05	80m Hurdles	U15 Boys	Final
3	10:10	80m Hurdles	U17 Women	Final
4	10:15	75m Hurdles	U15 Girls	1
5	10:30	75m Hurdles	U13 Boys	1
6	10:40	70m Hurdles	U13 Girls	1
7	11:00	800m	U17 Women	1
8	11:08	800m	U17 Men	1
9	11:16	800m	Sen/U20/U18 Women Open	Timed Finals
10	11:24	800m	Sen/U20/U18 Men Open	Timed Finals
11	11:35	75m Hurdles	U15 Girls	Final
12	11:40	75m Hurdles	U13 Boys	Final
13	11:45	70m Hurdles	U13 Girls	Final
14	11:55	100m	U15 Girls	1
15	12:15	100m	U13 Girls	1
16	12:35	100m	U15 Boys	1
17	12:43	100m	U13 Boys	1
18	12:55	100m	U17 Women	1
19	13:07	100m	U17 Men	1
LUNCH				
20	14:05	400m	U17 Men	Final
21	14:10	300m	U17 Women	1
22	14:18	300m	U15 Girls	1
23	14:30	300m	U15 Boys	Final
24	14:40	100m	U15 Girls	Semi Final
25	14:48	100m	U13 Girls	Semi Final
26	14:56	100m	U15 Boys	Final
27	15:00	100m	U13 Boys	Final
28	15:04	100m	U17 Women	Final
29	15:08	100m	U17 Men	Final
30	15:15	800m	U13 Girls	Timed Finals
31	15:30	800m	U13 Boys	Timed Finals
32	15:35	800m	U15 Girls	Timed Finals
33	15:45	800m	U15 Boys	Timed Finals
34	15:55	800m	U17 Women	Final
35	16:00	800m	U17 Men	Final
36	16:05	300m	U17 Women	Final
37	16:10	300m	U15 Girls	Final
38	16:15	100m	U13 Girls	Final
39	16:20	100m	U15 Girls	Final
If heats are not required FINALS will go at HEAT time.				

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Field				
Event No	Time	Event	Age Group	Info
40	10:00	Javelin	Sen / U20 / U18 Women Open	
			Sen / U20 / U18 Men Open	
41	10:00	Long Jump	U13 Girls	
42	10:00	Shot Put	U17 Men / U15 Boys	
43	11:00	Shot Put	Sen / U20 / U18 Men Open	
44	11:00	High Jump	U17 Women	SH 1m27
			U17 Men	SH 1m37
45	11:45	Shot Put	Sen / U20 / U18 / U17 Women	
46	12:00	Long Jump	U13 Boys	
47	13:15	Shot Put	U13 Girls	
48	13:30	Discus	U17 Men / U17 Women	
49	14:15	Long Jump	U17 Women	
50	14:15	Shot Put	U15 Girls	
51	15:15	Long Jump	U15 Girls	
52	15:30	Discus	Sen / U20 / U18 Men Open	
			Sen / U20 / U18 Women Open	
53	15:30	Shot Put	U13 Boys	
<p>District Field Events: Min 2 warm up attempts; best 8 in each age group qualify for a further 3 attempts</p> <p>Outdoor Open Field Events: Min 2 Warm up attempts; best 8 qualify for a further 3 attempts</p>				

Athletes must declare their intention to compete at least 60mins before the scheduled start of their event.				
Track				
Event No.	Time	Event	Age Group	Round
54	10:00	1500m SC	U17 Men	Final
55	10:15	400m Hurdles	U17 Men	Final
56	10:20	300m Hurdles	U17 Women	Final
57	10:30	1500m	U17 Men	Final
58	10:38	1500m	U17 Women	Final
59	10:50	200m	U15 Girls	1
60	11:06	200m	U13 Girls	1
61	11:18	200m	U13 Boys	1
62	11:26	200m	U15 Boys	1
63	11:34	200m	U17 Women	1
64	11:46	200m	U17 Men	1
65	12:05	1500m SC	Sen/U20/U18/U17 Women Open	Final
Lunch				
66	13:20	2000m SC	Sen/U20 Men Open	Final
67	13:35	1500m	U15 Girls	Timed Finals
68	13:45	1500m	U15 Boys	Timed Finals
69	13:55	200m	U15 Girls	Semi Final
70	14:09	200m	U17 Women	Semi Final
71	14:17	200m	U13 Girls	Final
72	14:21	200m	U13 Boys	Final
73	14:25	200m	U15 Boys	Final
74	14:29	200m	U17 Men	Final
75	14:35	1500m	Sen/U20/U18 Women Open	Timed Finals
76	14:42	1500m	Sen/U20/U18 Men Open	Timed Finals
77	14:55	1500m	U13 Girls	Timed Finals
78	15:05	1500m	U13 Boys	Timed Finals
79	15:15	200m	U15 Girls	Final
If heats are not required FINALS will go at HEAT time.				

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Field				
		Event	Age Group	Info
80	10:00	Hammer	U15 Boys / U15 Girls	
			U17 Men / U17 Women	
81	10:00	Javelin	U13 Boys / U13 Girls	
82	10:00	High Jump	U15 Girls	SH 1m17
			U15 Boys	
83	11:30	Hammer	Sen/U20/U18 Men Open Sen /U20/U18 Women Open	
84	11:30	Long Jump	U17 Men / U15 Boys	
85	13:15	Javelin	U15 Boys / U15 Girls	
86	13:15	High Jump	U13 Boys / U13 Girls	SH 1m07
87	13:15	Triple Jump	U15 Boys / U17 Men	7m/9m/11m
88	14:30	Javelin	U17 Men / Women	
89	14:30	Discus	U13 Boys / U13 Girls	
			U15 Boys / U15 Girls	
90	14:30	Triple Jump	U15 Girls / U17 Women	7m/9m
District Field Events: Min 2 warm up attempts; best 8 in each age group qualify for a further 3 attempts				
Outdoor Open Field Events: Min 2 Warm up attempts; best 8 qualify for a further 3 attempts				